## If you are sick follow these steps Stay home except to get medical care

- Wear a mask.
- Stay at least 6 feet apart from others.
- Wash your hands often.
- Cover your coughs and sneezes.
- Clean high-touch surfaces every day.



- Stay in a speci c room as much as possible.
- Stay away from other people and pets in your home
- If possible, you should use a separate bathroom.
- If you need to be around other people or animals ir





